

June 2021

Dear Parent /Carer

We are writing to inform you that in Y3/4 our learning in PSHE over the Summer Term will be the 'Relationship, Sex and Health Education' aspect of the curriculum (RSHE), following the Stockport Syllabus. This is a statutory part of the National Curriculum. However, please be reassured that the coverage of 'conception' and 'puberty' will not take place in school until Y5. Inevitably, as questions arise we will encourage children to use our 'Worry Boxes' / 'Ask-it-Baskets', which are situated in each classroom. The children are aware of a 'Traffic Light System' for asking questions and some questions may be directed to be asked at home.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of RSHE are to:

1. Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
2. Establish an awareness of the importance of stable family life and relationships, including rights and responsibilities.
3. Foster self-awareness and self-esteem.
4. Develop a sense of responsibility and respect for themselves and others.

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

The learning objectives for the half term are:

- To identify and name the correct, scientific names for external parts of the body
- To recognise the importance of personal hygiene and self-care
- To know that animals reproduce and young animals grow to be adults
- To identify their own and others negative and positive feelings
- To know that adulthood brings changes to lifestyles and understand that rights also bring responsibilities

The purpose of RSHE is to provide knowledge and understanding of how the human body changes and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of adulthood.

Thank you for your continued support.

Yours sincerely

The LKS2 Team