

19th April 2023

Dear Parent/Carer

We are letting you know that in Y3/4 our learning in PSHE over the Summer Term will be the 'Relationship, Sex and Health Education' aspect of the curriculum (RSHE). This is a statutory part of the National Curriculum however, if you wish to withdraw your child/children from some/all areas of the sex education curriculum, you are requested to make an appointment with Mrs Lee in the first instance to discuss this further. Please also be aware that human reproduction is a statutory part of the science curriculum and all children must learn about this area of science in Upper Key Stage Two (Y5/6).

Inevitably, as questions arise we will encourage children to use our 'Worry Boxes' / 'Ask-it-Baskets', which are situated in each classroom. The children are aware of a 'Traffic Light System' for asking questions and some questions may be directed to be asked at home.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of RSHE are to:

1. Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
2. Establish an awareness of the importance of stable family life and relationships, including rights and responsibilities.
3. Foster self-awareness and self-esteem.
4. Develop a sense of responsibility and respect for themselves and others.

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

The learning objectives for the half term are:

- Y3+Y4 Who are the important people in our lives and why are they important?
- Y3 What are the body differences between ourselves and others? What are the names of the male and female body parts?
- Y4: What is puberty and why is it an important stage in the human life cycle?
- Y3: Who do people's bodies belong to? What is personal space and unwanted touch?
- Y4: What are the physical and emotional changes that happen during puberty?
- Y3: What makes a great friendship and why is it important?
- Y4: What are male and female bodies for?
- Y3: What makes a good relationship and what can we do if a relationship is not good?
- Y4: Where do I come from?

- Y3: How and why do people fall out with friends and how can we help?
- Y4: What are loving relationships like?

The purpose of RSHE is to provide knowledge and understanding of how the human body changes and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of adulthood.

Thank you for your continued support.

Yours sincerely

The LKS2 Team