

# CROSS-COUNTRY CLUB

Mondays 3.15pm - 4.00pm



23/9/19

Dear Parents,

As a school, we are committed to ensuring that our children lead a healthy lifestyle.

In Key Stage 2 we offer all children the opportunity to join the Vernon Park Cross-Country Team. The team races at Woodbank Park on a Saturday morning throughout the season. The race schedule is below:

## Stockport Harriers' 49th Schools' Cross-country League

The events start and finish at the Woodbank Park track. All schools or individual children are invited to participate.

Dates	Results
Saturday 14th September 2019	<a href="#">Race 1</a>
Saturday 5th October 2019	
Saturday 16th November 2019	
Saturday 18th January 2020	
Saturday 8th February 2020	
Saturday 7th March 2020	

## Race Details

Age Group	Race Time	Distance
Yr 3-4 Girls	10.30	1450m
Yr 3-4 Boys	10.45	1450m
Yr 5-6 Girls	11.00	2450m (2 laps)
Yr 5-6 Boys	11.30	2450m (2 laps)

Children who participate in at least 5 races are presented with an Endeavour Medal at the end of the season.

To promote our continued success and enjoyment as part of the Schools' Cross-Country League, we would like to offer a Cross-Country Training Session on a **Monday evening 3.15pm - 4.00pm** in the school playground, which will be **open to any children who are going to attend the Saturday races with their parents**. Club will start on Monday 30<sup>th</sup> September and will run until Monday 2<sup>nd</sup> March 2019.

As the Saturday league races take place in all weather, we will train no matter what the weather may hold, therefore children will need suitable clothing to training in.

Please complete the reply slip below if you would like your child to attend.

Thank you for your support

Miss Dakin

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## Cross-country reply slip

Name of child: \_\_\_\_\_

I give permission for my child to attend cross-country training sessions and we would like to take part in the cross-country league on a Saturday morning.

Signed: \_\_\_\_\_