Vernon Park Primary School
Anti - Bullying Policy

Aims & Purpose of the Policy:

At Vernon Park Primary School, we are committed to working with ALL stakeholders (including children, staff, governors and parents/carers) to create a school community where <u>bullying is not tolerated</u>.

Our school is a place where people have the right to be themselves, to be included and to learn in a safe and happy environment. Everyone at our school is equal and treats each another with respect and kindness.

Bullying of any kind is unacceptable and will not be tolerated at our school. At our school the safety, welfare and well-being of all pupils and staff is a key priority. We take all incidences of bullying seriously and it is our duty as a whole school community to take measures to prevent and tackle any bullying, harassment or discrimination.

We actively promote values of respect and equality and work to ensure that difference and diversity is celebrated across the whole school community. We want to enable our pupils to become responsible citizens and to prepare them for life in 21st Century Britain. These values reflect those that will be expected of our pupils by society, when they enter secondary school and beyond in the world of work or further study.

We are committed to improving our school's approach to tackling bullying and regularly monitor, review and assess the impact of our preventative measures.

We define bullying as:

Bullying is the, wilful, conscious desire to threaten, intimidate or hurt someone, which may be repeated over time, which involves a real or perceived power imbalance.

Identifying and Supporting Vulnerable Children:

We work closely in school to identify particularly vulnerable groups, who may be identified as minority ethnic groups, travellers, refugees, LGBTQ pupils, mid-term arrivals, pupils who transfer late into the school, children or young people in care, young carers, teenage parents and those with other special needs who may find it more difficult to make or sustain friendships, or any other identifiable group.

As a school, staff plan positive action to support these pupils and provide additional support where necessary (for example peer support through buddy schemes) and help them access clubs and out of school provision.

Who is Bullied?

Anybody could be subject to bullying at any time in their life. It is not only something that affects children and young people.

A person is bullied when, either as an individual or part of a group, she or he suffers in any way from the direct result of intentional and persistent harassment and/or victimisation by another individual or group.

A person who has been bullied may commonly find it difficult to combat victim behaviour or report their experiences to those who may be able to help them.

Below are some factors that can make people vulnerable:

We refer to the Equality Act 2010 and the 9 protected characteristics (age; disability; gender reassignment; marriage and civil partnership; pregnancy and maternity; race; religion or belief; sex and sexual orientation) within it, when dealing with bullying related incidents.

Children and young people who are at most increased risk of being the victims or perpetrators of bullying are those who:
- are in foster care or residential homes (looked after children),
- are understood to be at risk from a range of safeguarding or child protection issues i.e. safeguarding / organised crime groups,
- have specific special educational needs (especially on the autistic spectrum),
- have a disability or impairment,
- are from minority ethnic backgrounds,
- are refugees or asylum seekers,
- start a school or activity group mid-term,
- are, or are perceived to be, gay, lesbian, bisexual, transgender or questioning of their sexuality or gender,
- speak a first language other than English,
- are young carers,
- have suffered bereavement,
- have suffered domestic violence,
- have experienced physical or emotional trauma,
- have a parent that was a victim of bullying,
- experienced poverty or deprivation

Methods of Bullying:

There are a number of methods of bullying which can be summarised as:

- Physical aggression - hitting, kicking, tripping up, spitting, taking or damaging property, use of threat or force in any way, intimidation or demands for money or goods.

- Verbal - name calling, insulting, teasing, 'jokes', mocking, taunting, gossiping, secrets, threats, reference to upsetting events e.g. bereavement, divorce, being in care.

- Non-verbal - staring, body language, gestures.

- Indirect - excluding, ostracising, rumours and stories, emails, chat rooms, messaging, phones, notes, inappropriate gestures.

- Cyber - text messaging, internet chat rooms, the use of social media applications (such as Facebook, Snapchat, Instagram or WhatsApp), the misuse of camera or video facilities (including the self-generated inappropriate images), offensive questions and nasty inbox messages.

- Parental incitement.

We acknowledge that some acts of bullying will constitute a criminal offence and in these cases other organisations will need to be contacted e.g. the Police or Social Care.

Types of Bullying:

Bullying can be based on any of the following:

- Race (racist bullying),
- Religion or belief,
- Culture or class,
- Gender (sexist bullying),
- Sexual orientation (homophobic or biphobic bullying),
- Gender identity (transphobic bullying),
- Special Educational Needs (SEN) or disability,
- Appearance or health conditions,
- Related to home or other personal situation,
- Related to any other vulnerable group of people.

No form of bullying will be tolerated and all incidents will be taken seriously.

Derogatory Language:

Derogatory or offensive language is not acceptable and will not be tolerated. This type of language can take any of the forms of bullying listed in our definition of bullying. It will be challenged by all staff and recorded and monitored on SIMS (please see Behaviour and Relationships Policy for recording procedure) and follow-up actions and sanctions, if appropriate, will be taken for pupils and staff found using any such language.

Prejudice-based Incidents

A prejudice-based incident is a one-off incident of unkind or hurtful behaviour that is motivated by a prejudice or negative attitudes, beliefs or views towards a protected characteristic or minority group. It can be targeted towards an individual or group of people and have a significant impact on those targeted. All prejudice-based incidents are taken seriously and recorded and monitored in school, with the Head Teacher regularly reporting incidents to the governing body. Incidents of hate crimes (for example racist or homophobic remarks etc.) are reported to the Local Authority using the LA issued Hate incident form. This not only ensures that all incidents are dealt with accordingly, but also helps to prevent bullying as it enables targeted anti-bullying intervention.

Possible indicators of bullying include but may not be confined to:

- disturbed sleep,
- bed-wetting,
- head and stomach aches,
- problems with concentration,
- changes in behaviour and attitude,
- truanting,
- bullying other children,
- damaged or missing clothes / money / property,
- asking for more money than usual or stealing money,
- withdrawn or changes to usual behaviour patterns or attitude,
- distressed or emotional,
- difficulty articulating feelings,
- changes in eating patterns,
- changes in online activity,
- evidence of self-harming or even for extreme cases potential suicide,
- is unusually tired without a reasonable explanation,
- has unexplained bruises or marks on their body,

- refusal to change clothing in school, e.g. for PE,
- repeatedly comes to school without dinner money or a packed lunch,
- seems afraid to be alone and requires more adult interaction.

School Initiatives to Prevent and Tackle Bullying:

Please make sure you list the events that you have undertaken to promote the work you do in relation to Anti - Bullying (Anti-Bullying Week, Black History Month and LGBT History Month)

We use a range of measures to prevent and tackle bullying including:

- An up-to-date Anti-Bullying policy which is shared with all stakeholders and regularly reviewed.

- Regular work during PSHE, Restorative Approaches, circle work and assembly time on understanding and preventing bullying.

- The PSHE programme of study includes opportunities for pupils to understand about different types of bullying and what they can do to respond and prevent bullying.

- School assemblies help raise pupils' awareness of bullying and derogatory language.

- Difference and diversity are celebrated across the school through diverse displays, books and images. The whole school participates in events including Anti-Bullying Week, Black History Month and various other opportunities to celebrate and practise inclusion.

- The school values of equality and respect are embedded across the curriculum to ensure that it is as inclusive as possible.

- Stereotypes are challenged by staff and pupils across the school.

- Playground buddies and pupil-led programmes (Restorative Champions) offer support to all pupils, including those who may have been the target of bullying.

- Restorative Approaches provide support to victims of bullying and those who show bullying behaviour.

- Pupils are continually involved in developing school-wide anti-bullying initiatives through consultation with groups (School Council, Pupil Voice etc.)

Reporting - Roles and Responsibilities:

Staff:

All school staff have a duty to: report bullying; to be vigilant to the signs of bullying and to play an active role in the school's measures to prevent bullying. If staff are aware of bullying, they should follow procedure identified in the school's Behaviour and Relationships Policy. They should reassure the pupils involved and inform their Class Teacher. All school staff have an equal responsibility to tackle and prevent bullying.

Senior Staff:

The Senior Leadership Team and the Head Teacher have overall responsibility for ensuring that the Anti-Bullying Policy is followed by all members of staff and that the school upholds its duty to promote the safety and well-being of all young people.

Parents and Carers:

We encourage Parents and Carers to be aware of potential signs of bullying, (see previous list). Parents and carers should encourage their child not to retaliate, and should support and encourage them to report the bullying if it occurs.

We encourage parents to speak directly to the school if an incident occurs and not to post it on social media as this may affect and delay any investigations and outcomes.

Parents and carers can report an incident of bullying to the school either in person, or by phoning or emailing the school office.

Parents and Carers must also give due regard to and follow the principles of our *Respect Charter* towards pupils, staff and other parents.

Non-school staff, volunteers and outside organisation (Sports Coaches etc.) are made aware of the school's policy and the reporting of incidents.

Pupils:

Pupils should not take part in any kind of bullying and are encouraged to report signs of bullying among their peers. They should never be bystanders to incidents of bullying, but should offer support to the victim and, if possible, help them to tell a trusted adult.

Dealing with an Incident:

When bullying has been reported, the following actions will be taken:

- Staff will investigate and record the incident centrally on SIMS.

- Restorative meetings must be offered for any incident where relationships have been or are in any danger of being damaged.

- Designated school staff will monitor incident reporting forms and information recorded on SIMS analysing and evaluating the results

- The head teacher will include a summary of behaviour in the termly reports to the governing body

- Staff will offer support to the victim with the pupil's class teacher. Individual meetings will then be held to devise a plan of action that ensures they are made to feel safe and reassured that the bullying is not their fault, this may involve a restorative meeting.

- Staff will pro-actively respond to the perpetrator, who may require support. They will discuss with the victim's class teacher to devise a plan of action.

- Staff will inform parents or carers and where necessary involve them in any plans of action.

- Staff will assess whether any other authorities (such as Police or the Local Authority) need to be involved, particularly when actions take place outside of school.

Safeguarding procedures must be followed when child protection concerns arise.

Bullying outside of School:

Bullying is unacceptable and will not be tolerated, whether it takes place inside or outside of school. Bullying can take place on the way to and from school, before or after school hours, at the weekends or during the holidays, or in the wider community. The nature of cyber bullying in particular, means that it can impact on pupils' well-being beyond the school day. Staff, Parents and Carers, and pupils must be vigilant to bullying outside of school and report and respond according to their responsibilities as outlined in this policy.

School will use their sanctions when it becomes apparent that any incident of bullying are having an impact on an individual and/ or the school community.

Training and Awareness:

The Head Teacher is responsible for ensuring that all school stakeholders receive regular training on all aspects of the anti-bullying policy.

Recording and Reporting:

We maintain a system of data collection and analysis in relation to any reported incidents of bullying in school. Termly feedback is made available for Governors via the Head Teacher's report.

All staff will use the agreed reporting format to alert the Head Teacher of any bullying related incidents.

Monitoring and Evaluation:

The Head Teacher is responsible for reporting to the governing body (and the Local Authority where applicable) on how the policy is being enforced and upheld. The Governors are in turn responsible for monitoring the effectiveness of the policy by in-school monitoring such as learning walks, and focus groups with pupils.

The policy is reviewed every 12 months by Senior Leadership

Date of last review: 18th March 2019
Head Teacher signed:
Chair of Governors signed:

Links to other School Policies:

This anti-bullying policy links to a range of policies/strategies, including:

Behaviour and Relationships Policy
Equalities and Diversity Policy
Equality Act 2010
Care and Control Policy
PSHE guidance
Respect Policy and Charter
Safeguarding policy
Responsible Use policy
School Development Plan
Restorative Approaches strategy.

Appendices

- Stockport's Anti-bullying Charter.
- BSS Audit.
- Anti-bullying Checklist for schools.
- Organisations that can offer support.

An Anti-Bullying Charter for Stockport Schools

This charter is awarded to

'Bully is willful, conscious desire to threaten, intimidate or hurt someone, which may be repeated over time, which involves a real or perceived power balance.

Our school community will:

- Work with staff, pupils and parents/carers to create a school community where bullying is not tolerated

- Discuss, monitor and review our anti-bullying policy every two years

- Keep a high profile in and around school to prevent bullying behaviours developing

- Support staff to promote positive relationships and identify and tackle bullying appropriately

- Investigate incidents of bullying and take action where necessary, supporting individuals at all times

- Ensure that pupils are aware that all bullying concerns will be dealt with sensitively and effectively so that pupils feel safe to learn and that pupils abide by the anti-bullying policy

- Report back quickly to parents/carers regarding any concerns on bullying and deal promptly with complaints. Parents/carers in turn will work with the school to uphold the anti-bullying policy

- Learn and share good practice and utilise the support of the Local Authority and other agencies where appropriate

Chair of Governors: Headteacher: Representative of pupils:

Date:

STOCKPORT
METROPOLITAN BOROUGH COUNCIL

Appendix 2 - A self-review tool for challenging bullying in schools

A self-review tool for challenging bullying in schools

The following procedure can be used to gather evidence for the individual checklists then to create an anti-bullying action plan:

- Schools to make a floor plan of their school including grounds and leaving a space for outside school grounds.
- Teachers distribute one floor plan to each child.
- Teachers discuss the terms 'unsafe' and 'safe' with groups and what this means. Also discuss feelings associated with feeling like this.
- Children put a red dot on the plan for everywhere they feel unsafe and a green dot for everywhere they feel safe. Also put a red outside grounds if they feel unsafe anywhere on the way to or from school.
- Teachers to collate areas of concern within their own group discuss the reasons for this unsafe feeling and fill in the individual group self -review checklists (example pro forma following).
- In a staff meeting all staff collate individual audits and record action to be taken and when.

Individual group Anti-bullying Audit

Group:
Teacher:
Date:

Area of Concern	Reasons given for concern

Whole school Anti-bullying Audit & Plan

School:

Anti-bullying lead:

Area of Concern	Reasons given for concern	Action to be taken	Date for action to be in place	Impact/Evaluation

Anti-bullying checklist for schools–

Issue	Evidence	In place	Partly in place	Not in place	Action
POLICY					
A clear definition of bullying is included in our school policy					
The definition of bullying is clearly understood by: Staff Children and young people Parents/Carers Governors					
Our anti-bullying policy is in place and makes clear reference to: Faith based bullying Racist bullying Homophobic & transphobic bullying Cyber-bullying Disability based bullying					
Policy is reviewed bi-annually by Governing Body in consultation with school community					
We have a Governor (or group) with a nominated responsibility for anti-bullying					
Policy is communicated effectively to the school community using a range of methods eg: the school website, posters, newsletter, leaflets, logos around school					
DEALING WITH INCIDENTS					
Children and young people are clear about how to report bullying in our school					
Children and young people are confident to report bullying in school					
We have clear structures in place which identify who deals with incidents of bullying that emerge in school					
We have clear mechanisms in place for recording incidents of bullying					
Records of bullying incidents include the support provided to: The victim(s) The bully					
The Governors in our school are aware of incidents via reports from the HT					
Our school includes restorative approaches in its toolkit to address bullying behaviour					

Our school provides access to self-help resources for children and young people					
Our school provides peer to peer support e.g.: playground buddies, peer mentoring etc.					
Our school takes care to ensure that the improvement for the victim is sustained					
Where necessary our school calls upon other services to support children (both the victim and the bully) involved in incidents, and may use CAF/TAC where appropriate					
PREVENTION					
Our school challenges all verbal comments that could underpin a culture of bullying including: Racist language Homophobic language Discriminatory language					
We specifically teach sessions around: Cyberbullying Homophobic bullying Racist bullying Faith based bullying Disability based bullying (consider the following as options) • Delivering SEAL • PSHE • Assemblies					
Our commitment to the anti-bullying agenda is visible to our whole school community for example: • The website • Posters displayed around school • References in newsletter • Anti-bullying charter					
Participate in national programmes eg: Anti-Bullying week.					