

# Vernon Park Forest School Year 4

## WHAT IS FOREST SCHOOL?

The Forest School approach aims to educate the 'whole' child in the outdoors on a regular basis. The ultimate goal is to improve children's wellbeing, engagement, confidence and independence.

#### IS IT SAFE?

YES! We have a qualified level 3 practitioner, robust procedures, higher than usual adult ratios and detailed policies and risk assessments.

#### **ACTIVITIES**

We follow the children's interests, providing a wide range of activities, including using small hand tools, lighting fires and den building.

#### **DATES FOR YOUR DIARY**

Your child will take part in 1-2 hour Forest School sessions in the Summer term 2024 on the following dates:

Wednesday 24th April

Wednesday 1st May

Wednesday 8th May

Wednesday 15th May

Wednesday 22nd May

Wednesday 12th June

Wednesday 26th June

Wednesday 3rd July

Wednesday 10th July

Wednesday 17th July

Wednesday 24th July

### **WHAT TO WEAR**

Forest School will take place in all weathers with the exception of high winds and storms. It is important that your child is dressed appropriately. Layers of clothing are best as they can be added/removed as needed.



Warm
waterproof coat
with hood





Waterproof trousers if possible



Warm, long sleeve jumper or fleece, over thinner layers

If cold...

mittens

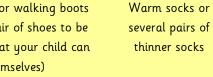


Long trousers or jogging bottoms (not jeans)

Woolly hat, scarf and gloves/



Wellington boots or walking boots and a separate pair of shoes to be worn in school (that your child can fasten themselves)



PLEASE ENSURE ALL ITEMS OF KIT ARE LABELLED WITH YOUR CHILD'S NAME!



If you wish to discuss any aspects of Forest school further, we are happy to answer your questions.

Mrs Stone and Mrs Singleton