

Vernon Park Forest School Year 3

WHAT IS FOREST SCHOOL?

The Forest School approach aims to educate the 'whole' child in the outdoors on a regular basis. The ultimate goal is to improve children's wellbeing, engagement, confidence and independence.

IS IT SAFE?

YES! We have a qualified level 3 practitioner, robust procedures, higher than usual adult ratios and detailed policies and risk assessments.

ACTIVITIES

interests, providing a wide range of activities, including using small hand tools, lighting fires and den building.

DATES FOR YOUR DIARY

We follow the children's Your child will take part in 1-2 hour Forest School sessions in the Autumn term 2022 on the following dates:

Wednesday 7th September

Wednesday 14th September

Wednesday 21st September

Wednesday 28th September

Wednesday 5th October

Wednesday 12th October

Wednesday 19th October

Wednesday 2nd November

Wednesday 9th November

Wednesday 16th November

Wednesday 23rd November

WHAT TO WEAR

Forest School will take place in all weathers with the exception of high winds and storms. It is important that your child is dressed appropriately. Layers of clothing are best as they can be added/ removed as needed.



Warm waterproof coat with hood

If hot... Sun hat and suncream

Waterproof trousers if possible



sleeve jumper or fleece, over

If cold...

mittens

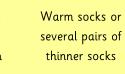


Long trousers or jogging bottoms (not jeans)

Woolly hat, scarf and gloves/



Wellington boots or walking boots and a separate pair of shoes to be worn in school (that your child can fasten themselves)



PLEASE ENSURE ALL ITEMS OF KIT ARE LABELLED WITH YOUR CHILD'S NAME!



If you wish to discuss any aspects of Forest school further, we are happy to answer your questions. Mrs Stone and Mrs Singleton



Warm, long thinner layers



