



Vernon Park Forest School Year 5

WHAT IS FOREST SCHOOL?

The Forest School approach aims to educate the 'whole' child in the outdoors on a regular basis. The ultimate goal is to improve children's wellbeing, engagement, confidence and independence.

IS IT SAFE?

YES! We have a qualified level 3 practitioner, robust procedures, higher than usual adult ratios and detailed policies and risk assessments.

ACTIVITIES

We follow the children's interests, providing a wide range of activities, including using small hand tools, lighting fires and den building.

DATES FOR YOUR DIARY

Your child will take part in 1-2 hour Forest School sessions in the Autumn/Spring term 2023/24 on the following dates:

Tuesday 5th December

Tuesday 16th January

Tuesday 23rd January

Tuesday 30th January

Tuesday 6th February

Tuesday 20th February

Tuesday 27th February

Tuesday 5th March

Tuesday 12th March

Tuesday 19th March

Tuesday 16th April

WHAT TO WEAR

Forest School will take place in all weathers with the exception of high winds and storms. It is important that your child is dressed appropriately. Layers of clothing are best as they can be added/removed as needed.



Warm waterproof coat with hood



Waterproof trousers if possible



Warm, long sleeve jumper or fleece, over thinner layers



Long trousers or jogging bottoms (not jeans)



Wellington boots or walking boots and a separate pair of shoes to be worn in school (that your child can fasten themselves)



Warm socks or several pairs of thinner socks

If hot...

Sun hat and suncream



If cold...

Woolly hat, scarf and gloves/mittens



PLEASE ENSURE ALL ITEMS OF KIT ARE LABELLED WITH YOUR CHILD'S NAME!

If you wish to discuss any aspects of Forest school further, we are happy to answer your questions.

Mrs Stone and Mrs Singleton